

Instruction 14 - What Am I?

I am God's Son, complete and healed and whole, shining in the reflection of His Love. In me is His creation sanctified and guaranteed eternal life. In me is love perfected, fear impossible, and joy established without opposite. I am the holy home of God Himself. I am the Heaven where His Love abides. I am His holy Sinlessness Itself, for in my purity abides His Own.

Our use for words is almost over now. Yet in the final days of this one year we gave to God together, you and I, we found a single purpose that we shared. And thus you joined with me, and so what I am are you as well. The truth of what we are is not for words to speak nor describe. Yet we can realize our function here, and words can speak of this and teach it, too, if we exemplify the words in us.

We are the bringers of salvation. We accept our part as saviors of the world, which through our joint forgiveness is redeemed. And this, our gift, is therefore given us. We look on everyone as brother, and perceive all things as kindly and as good. We do not seek a function that is past the gate of Heaven. Knowledge will return when we have done our part. We are concerned only with giving welcome to the truth.

Ours are the eyes through which Christ's vision sees a world redeemed from every thought of sin. Ours are the ears that hear the Voice of God proclaim the world as sinless. Ours the minds which join together as we bless the world. And from the oneness we have attained we call to all our brothers, asking them to share our peace and consummate our joy.

We are the holy messengers of God who speak for Him, and carrying His Word to everyone whom He has sent to us, we learn that it is written on our hearts. And thus our minds are changed about the aim for which we came, and which we seek to serve. We bring glad tidings to the Son of God, who thought he suffered. Now is he redeemed. And as he sees the gate of Heaven stand open before him, he will enter in and disappear into the Heart of God.

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ACIM	Ideas/commentary
I am God's Son complete and healed and whole	I am pure consciousness, unlimited, eternal, lacking nothing
Shining in the reflection of his love	All experience shines with the light of pure consciousness
In me is His creation sanctified	I am that which is aware of all experience
And guaranteed eternal life	The consciousness that I am is eternal – it never comes and goes. I never witness the disappearance of myself.
In me is love perfected, fear impossible.	Love is the feeling of lack of separation – it is what I am. I, consciousness, lack nothing, and cannot disappear. So what is there to be afraid of?
And joy established without opposite	True happiness is not a state of mind, it is the inherent, constant, unchanging nature of ourself. We lack nothing, so we desire nothing. The absence of desire is happiness.
I am the holy home of God Himself	I am pure consciousness. Consciousness vibrates and takes the shape of this body-mind.
I am the Heaven where his love abides	Love is another name for consciousness
I am His holy sinlessness itself	Everything that arises in consciousness, is accepted by consciousness. There can be no sin.
For in my purity, abides his own.	Consciousness is one pure, seamless, undivided whole, and I am that.